

IBLA GAME DAY CHEAT SHEET



PRE-GAME PROCEDURES:

Home Team Obligations:

- Field lined & in good condition (See XII in IBLA Rules and Regulations Handbook). If there are any problems home coach needs to make opposing team aware.
- Goals set up with no holes in netting
- 4 balls on closest end line for entire game
- No more than 3 coaches are on sideline
- Parents are at least 5 yards from field of play on opposite side of field from the benches
- Arrive to field 30 minutes before the game.
- Scoring table with proper game-scoring/time-keeping equipment and a copy of the IBLA Rules and Regulations
- Provide first aid kit for own teams
- Provide a designated Sideline Manager
(See Section XI in IBLA Rules and Regulations Handbook)

Visiting Team Obligations:

- No more than 3 coaches are on the sideline
- Parents are at least 5 yards from field of play on opposite side of field from the benches
- Arrive to field 30 minutes before the game.
- 4 balls on closest end line for entire game
- Provide first aid kit for own teams
- Provide a designated Sideline Manager
(See Section XI in IBLA Rules and Regulations Handbook)

Referee Obligations:

- Meet both coaches & certify players
- *Conduct team line up at midfield, explain rules & hand shake

GAME PROCEDURES:

Majors (7/8th Grade | A, B & C)

10 v 10

All counts: 4-second crease count; 20-10 counts for advancing the ball

Full length field

Long sticks allowed

Over and back enforced

Minors (5/6th Grade | A, B & C)

10 v 10

All counts: 4-second crease count; 20-10 counts for advancing the ball

Full length field

Long sticks allowed

Over and back enforced

Juniors (3/4th Grade | A, B & C)

10 v 10 & 7 v 7

No counts, except for 10-second crease count; no count for advancing the ball.

7 v 7 Game format no long sticks permitted.

10 v 10 Game format long sticks permitted. Long

Stick size permitted between 47"-72"

7 v 7 Game Format 1 pass rule enforced

Minis (K/2nd Grade | A & B)

7 v 7 Game play (2, 2, 2 and a goalie)
Modified short field (60 yds x 35 yds)

Faceoff after every goal

1 pass rule enforced

No counts

GAME PROCEDURES (cont.):

Game Lengths:

- Minis- 2/1/K grade: 4- 10 Minute running clock quarters
- Juniors- 4/3rd grade: 4- 10 Minute running clock quarters
- Minors- 6/5th grade: 4- 10 Minute stopped clock quarters
- Majors- 8/7th grade: 4- 10 Minute stopped clock quarters
- 5 Minute half time; 2 Minutes between quarters

Overtime:

- Minis, Juniors, Minors, Majors: First OT is one 4-minute full squad OT (See XIV in Rules and Regulations Handbook)
- After the first OT, if no goal is scored, the game will be recorded as a tie.

Timeouts:

- One 45-second timeout allowed per team, per half

Clock:

- Clock will stop under 2 minutes of 4th quarter for games within a 2-goal differential
- If score differential becomes 3 goals or more, the clock returns to standard timing rules
- All penalties are stop time for Majors and Minors
- All penalties are running time for Juniors and Minis (clock will start on whistle).
- Injury stop time/time-out is the referees' discretion. Substitutions and congregating of players are both allowed during an injury time-out.

Take out checks are not permitted at any level. (Intentionally knocking a player to the ground)

One handed checks are not permitted at any level. (Will be penalized regardless of contact)

Long Sticks are permitted at Major, Minor & Juniors 10 v 10 game format.

Wooden Sticks are not permitted at any level.

Face-offs will be conducted after every goal and start of each quarter unless team is losing by 7 goals or more. (When losing team is given possession at half field, and game clock will run, See XIV in Rules and Regulations). Majors & Minors will be "Standing with Neutral Grip" Juniors & Minis will be "Standing or Knee Down with Neutral Grip". *In all 7v7 games, after face-off, one pass must be attempted prior to scoring a goal.*

Goalies are not required to wear arm guards at any level, but must wear all required equipment (See IX in IBLA Rules and Regulations)

Counts: 20- second count over half and 10-second count into offensive box will be used in the Minor & of Major levels. 4 second count in crease for Minor & Major levels. 10 second count increase for Junior level & Minis levels.

Over and back enforced only at the Major and Minor levels.

Substitutions will be on the fly for Major & Minors. Coaches can call for substitution whistle for Juniors & Minis at any point during a dead ball.

Conduct on Field: Any conduct, including abusive language and or gestures, racially insensitive remarks, damage to property or belongings, or any other conduct that reflects poorly on yourself, team or IBLA is unacceptable and will not be tolerated. This rule applies to all players, parents, siblings and guests at all times in or around any IBLA lacrosse games or functions. (See Section III in handbook for Code of Conduct enforcement)

POST-GAME PROCEDURES (cont.):

- *Both Teams meet at half field for handshake
- Coaches confirm score with officials players and coaches clean sidelines
- Players and Coaches clean sidelines Coaches confirm score with officials
- Home team posts scores on Season Ticker website within 24 hours of game completion

Game Cancellations:

- Home team will make the decision on weather/field conditions
- Game cancellations should be made more than 2 hours prior to game start on the day of the game, or by Tuesday at 5pm the week of the game
- Home team postpone game on Season Ticker (iblax.seasonticker.com) entering reasoning in box
- Home team will contact officials and the IBLA:
Email: 224-260-6213,scottrogowski@yahoo.com
Notify IBLA: director@ibla.seasonticker.com

Game Rescheduling:

- Both teams should agree on date, time and place (try to keep home team the same)
- Update Season Ticker website to be completed by home team host
- If team does not agree on time or place, game will become a forfeit and team will be penalized 0-7 on scorecard (See section X in Rules and Regulations Handbook)

Important Contact Information:

- **Officials: 224-260-6213,scottrogowski@yahoo.com**
- **IBLA: director@ibla.seasonticker.com**

